## Dark Baryon solution to the Neutron Lifetime Puzzle

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with
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Anomalies 2021
November 11

"Missing Neutrons May Lead a Secret Life as Dark Matter",
C. Moskowitz, Scientific American
(January 29, 2018)


## Why this, in this conference?

- Effect at $>4 \sigma$
- Many independent experiments
- How is this different from $g-2$ ?
- Many independent experiments
- No trivial/obvious explanation
- Not theory driven


## Neutron lifetime measurements

Neutron Lifetime Measurements


Source: https://www.scientificamerican.com, modified

$$
\tau_{n}^{\text {beam }}=888.0 \pm 2.0 \mathrm{~s}
$$

$$
\tau_{n}^{\text {bottle }}=879.6 \pm 0.6 \mathrm{~s}
$$

## Discrepancy

$$
\frac{\Delta \tau_{n}}{\tau_{n}} \approx 1 \%
$$

## Bottle experiments



## Data points fit to an exponential decay

$$
N=N_{0} e^{-\lambda t}
$$

## Lifetime



## Beam experiments



## Since neutron decays only via beta decay

## Beam experiments



$$
n \rightarrow p+e^{-}+\bar{\nu}_{e}
$$

## equality should hold:

$$
\tau_{n}^{\mathrm{beam}}=\tau_{n}^{\text {bottle }}
$$

Bottle experiments


## but

$$
\tau_{n}^{\text {beam }}=888.0(2.1) \mathrm{s}>\tau_{n}^{\text {bottle }}=879.3(0.8) \mathrm{s}
$$

## Neutron lifetime in the Standard Model

Theoretical prediction

$$
\tau_{n}=\frac{4908.6(1.9) \mathrm{s}}{\left|V_{u d}\right|^{2}\left(1+3 g_{A}^{2}\right)}
$$

$$
\mathcal{M}=\frac{1}{\sqrt{2}} G_{F} V_{u d} g_{V}\left[\bar{p} \gamma_{\mu} n-g_{A} \bar{p} \gamma_{5} \gamma_{\mu} n\right]\left[\bar{e} \gamma^{\mu}\left(1-\gamma_{5}\right) \nu\right]
$$

Using the PDG average for $g_{A}$

$$
880.5 \mathrm{~s}<\tau_{n}<886.0 \mathrm{~s}
$$

Lattice result

$$
870 \mathrm{~s}<\tau_{n}<900 \mathrm{~s}
$$

$$
g_{A}=1.271 \pm 0.013
$$

Chang et al.,
Nature 558, 91 (2018)

## Neutron lifetime in the Standard Model

## Theoretical prediction

$$
\tau_{n}=\frac{4908.6(1.9) \mathrm{s}}{\left|V_{u d}\right|^{2}\left(1+3 g_{A}^{2}\right)}
$$

Czarnecki, Marciano \& Sirlin, PRL 120, 202002 (2018)


PERKEO : $\beta$ spectrum of polarized neutrons
aSPECT: $\beta-\bar{v}$ angular correlations

$$
\lambda=g_{A} / g_{V}
$$

- Stratowa 1978
- Byrne 2002
- Darius 2017
- our work 2019

4 Bopp 1986

- Yerozolimsky 1997
- Liaud 1997
* Abele 1997
- Mostovoi 2001
- Abele 2002
- Schumann 2008
- Liu 2010
a Mund 2013
- Mendenhall 2013
- Brown 2018
- Märkisch 2019
gives beam $\tau$
aSPECT vs PERKEO 2.8O tension

Beck et al,
Phys.Rev.C 101 (2020) 5, 055506

## Neutron lifetime discrepancy



Source: https://www.scientificamerican.com

## Beam measures protons only! And only slope (decay rate).

$$
\frac{1}{N(n)} \frac{d N(p)}{d t}=-\lambda \operatorname{Br}(n \rightarrow p)
$$

$$
\tau_{n}^{\text {beam }}=\frac{\tau_{n}}{\operatorname{Br}(n \rightarrow p+\text { anything })}
$$

## Neutron dark decay

## PHYSICAL REVIEW LETTERS 120, 191801 (2018)

## Dark Matter Interpretation of the Neutron Decay Anomaly

## Bartosz Fornal and Benjamín Grinstein

Department of Physics, University of California, San Diego, 9500 Gilman Drive, La Jolla, California 92093, USA
(0) (Received 19 January 2018; revised manuscript received 3 March 2018; published 9 May 2018)

$$
\operatorname{Br}(n \rightarrow p+\text { anything }) \approx 99 \%
$$

Remaining 1\% :

$$
n \rightarrow \text { SM particles (other than } p \text { ) }
$$



$$
n \rightarrow \text { dark particle(s) }+ \text { SM particle(s) }
$$



$$
\tau_{n \rightarrow \text { dark }} \approx 1 \text { day }
$$

## Hypothesis is model independent

This simple hypothesis can be tested

## Ongoing beam and bottle experiments



Obvious test 1:
Measure lifetime by
exponential decay along
experimental axis.

## Ongoing beam and bottle experiments



NIST Center for Neutron Research



## Ongoing beam and bottle experiments



## Nuclear physics bounds

## p MEAN LIFE

A test of baryon conservation. See the " $p$ Partial Mean Lives" section below for limits for identified final states. The limits here are to "anything" or are for "disappearance" modes of a bound proton ( $p$ ) or ( $n$ ). See also the $3 \nu$ modes in the "Partial Mean Lives" section. Table 1 of BACK 03 is a nice summary.

| $\begin{aligned} & \text { LIMIT } \\ & \text { (years) } \\ & \hline \end{aligned}$ | PARTICLE | CL\% | DOCUMEN |  | TECN | COMMENT |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $>5.8 \times 10^{29}$ | n | 90 | 1 ARAKI | 06 | KLND | $n \rightarrow$ invis |
| $>2.1 \times 10^{29}$ | $p$ | 90 | 2 AHMED | 04 | SNO | $\rightarrow$ Invi |

-     - We do not use the following data for averages, fits, limits, etc.
$>1.9 \times 10^{29} \quad n \quad 90 \quad 2$ AHMED 04 SNO $n \rightarrow$ invisible



## Nuclear physics bounds $-{ }^{9} \mathrm{Be}$


$E$

${ }^{9} \mathrm{Be} \rightarrow$ 2Adedfmbyiddebiofflen if:

## 

## Dark Matter scenario

## Dark particle stability


requires

$$
m_{\chi}<m_{p}+m_{e}=938.783 \mathrm{MeV}
$$

The (possible) dark matter mass is in the range

$$
937.992 \mathrm{MeV}<m_{\chi}<938.783 \mathrm{MeV}
$$

## New neutron decay channels

### 937.993 MeV $<M_{f}<939.565 \mathrm{MeV}$

## Scenario I

Scenario II


Scenario III

## Case (1): Neutron $\longrightarrow$ dark particle + photon



Dark particle $937.900 \mathrm{MeV}<m_{\chi}<939.565 \mathrm{MeV}$ mass
Dark decay photon energy $\quad 0<E_{\gamma}<1.664 \mathrm{MeV}$
Dark matter case
$0.782 \mathrm{MeV}<E_{\gamma}<1.664 \mathrm{MeV}$

## Case (1): Neutron $\longrightarrow$ dark particle + photon

 Example: xny interaction from mixing
gives


In terms of mass eigenstates, neutron dark decay


## Case (1): Quantitative description

Example of a theory with xn interaction


$$
\begin{aligned}
\mathcal{L}^{\mathrm{eff}} & =\bar{n}\left(i \not \partial-m_{n}+\frac{g_{n} e}{2 m_{n}} \sigma^{\mu \nu} F_{\mu \nu}\right) n \\
& +\bar{\chi}\left(i \not \partial-m_{\chi}\right) \chi+\varepsilon(\bar{n} \chi+\bar{\chi} n)
\end{aligned}
$$

In terms of mass eigenstates, neutron dark decay

$$
\mathcal{L}_{n \rightarrow \chi \gamma}^{\mathrm{eff}}=\frac{g_{n} e}{2 m_{n}} \frac{\varepsilon}{\left(m_{n}-m_{\chi}\right)} \bar{\chi} \sigma^{\mu \nu} F_{\mu \nu} n
$$

$$
\epsilon \approx 10^{-13} \mathrm{GeV}
$$

## Microscopic

 Model 1 (minimal)
## Lagrangian



$$
\mathcal{L}_{1}=\left(\lambda_{q} \epsilon^{i j k} \overline{u_{L i}^{c}} d_{R j} \Phi_{k}+\lambda_{\chi} \Phi^{* i} \bar{\chi} d_{R i}+\text { h.c. }\right)-M_{\Phi}^{2}|\Phi|^{2}-m_{\chi} \bar{\chi} \chi
$$

## Dark decay rate

$$
\Delta \Gamma_{n \rightarrow \chi \gamma}=\frac{g_{n}^{2} e^{2}}{8 \pi}\left(1-\frac{m_{\chi}^{2}}{m_{n}^{2}}\right)^{3} \frac{m_{n} \varepsilon^{2}}{\left(m_{n}-m_{\chi}\right)^{2}}
$$

$$
\varepsilon=\frac{\beta \lambda_{q} \lambda_{\chi}}{M_{\Phi}^{2}}
$$

$$
\langle 0| \epsilon^{i j k} \overline{u_{L i}^{c}} d_{R j} d_{R k}|n\rangle=\beta P_{R} u_{n}
$$

To explain the neutron lifetime discrepancy

$$
\frac{\Delta \Gamma_{n \rightarrow \chi \gamma}}{\Gamma_{n}} \approx 1 \% \quad \longrightarrow \quad \frac{M_{\Phi}}{\sqrt{\left|\lambda_{q} \lambda_{\chi}\right|}} \approx 400 \mathrm{TeV}
$$

## Neutron dark decay - experimental search

## monochromatic photons

$$
0.782 \mathrm{MeV}<E_{\gamma}<1.664 \mathrm{MeV}
$$

Tang et al., Search for the neutron decay $n \rightarrow X+\gamma$ where $X$ is a dark matter particle, PRL 121, 022505 (2018)
$2.2 \sigma$ exclusion

## electron-positron pairs

$$
2 m_{e}+100 \mathrm{keV} \leq E_{e^{+} e^{-}}<1.665 \mathrm{MeV}
$$

Glapeetal. SCanstirfintsaon thattiondeldattef the free htetrontationthe
 222503 (2019) --ILL Grenoble


## Case (2): Neutron $\longrightarrow$ two dark particles



Constraints on masses

$$
937.900 \mathrm{MeV}<m_{\tilde{\chi}}
$$

$$
937.900 \mathrm{MeV}<m_{\chi}+m_{\phi}<939.565 \mathrm{MeV}
$$

Dark matter case

$$
\left|m_{\chi}-m_{\phi}\right|<938.783 \mathrm{MeV}
$$

Model 2


For $m_{\widetilde{X}}>m_{n}$

$$
\frac{\Delta \Gamma_{n \rightarrow \chi \phi}}{\Gamma_{n}} \approx 1 \%
$$

$\lambda_{\phi} \approx 0.04$

$$
\frac{M_{\Phi}}{\sqrt{\left|\lambda_{q} \lambda_{\chi}\right|}} \approx 1600 \mathrm{TeV}
$$

For $937.9 \mathrm{MeV}<m_{\widetilde{\chi}}<m_{n}$

$$
\frac{\Delta \Gamma_{n \rightarrow \tilde{\chi} \gamma}+\Delta \Gamma_{n \rightarrow \chi \phi}}{\Gamma_{n}} \approx 1 \%
$$



## Active Field: Other topics

## Unstable Nucleus Decay*

Mesogenesis (baryogenesis)
Hyperon Decays
Dark Matter
Neutron Stars
Complete Models
Hydrogen decay
Other solutions

## Nuclear dark decays

Stable nuclei remain stable if

$$
m_{n}-1.572 \mathrm{MeV}<M_{f}<m_{n}
$$

i.e.,
$937.993 \mathrm{MeV}<M_{f}<939.565 \mathrm{MeV}$


Dark decays possible in unstable nuclei with $S(n)<1.572 \mathrm{MeV}$


## ${ }^{11}$ Be decay

An example of an unstable nucleus with $S(n)<1.572 \mathrm{MeV}$ is ${ }^{11} \mathrm{Be}$ with $S(n)_{\left({ }_{(11 \mathrm{Be})}\right.}=0.502 \mathrm{MeV}$ that could decay via

Pfutzner \& Riisager, PRC 97, 042501(R) (2018)

$$
{ }^{11} \mathrm{Be} \rightarrow{ }^{10} \mathrm{Be}+\tilde{\chi}^{*} \rightarrow{ }^{10} \mathrm{Be}+\chi+\phi
$$

11Be primer:

$$
\begin{gathered}
\operatorname{Br}\left({ }^{11} \mathrm{Be} \stackrel{\beta^{-}}{\longrightarrow}{ }^{11} \mathrm{~B}\right)=97.1 \% \\
\operatorname{Br}\left({ }^{11} \mathrm{Be} \xrightarrow{\beta^{-}, \alpha}{ }^{7} \mathrm{Li}+{ }^{4} \mathrm{He}\right)=2.9 \%
\end{gathered}
$$

Theoretical estimate for $\beta$-delayed proton emission:

$$
\mathrm{Br}\left({ }^{11} \mathrm{Be} \xrightarrow{\beta}{ }^{11} \mathrm{~B} \rightarrow{ }^{10} \mathrm{Be}+p\right) \approx 2 \times 10^{-8}
$$

## Hint from ${ }^{11}$ Be decays?

Pfutzner \& Riisager, Examining the possibility to observe neutron dark decay in nuclei, PRC 97, 042501 (R) (2018)

## ${ }^{11} \mathrm{Be}$ : one-neutron halo nucleus, can calculate!

Beta-delayed, proton emission $\quad{ }^{11} \mathrm{Be} \rightarrow{ }^{11} \mathrm{~B} e^{-} \rightarrow\left({ }^{10} \mathrm{Be} p\right) e^{-}$

## experiment

$$
\operatorname{Br}\left({ }^{11} \mathrm{Be} \rightarrow{ }^{10} \mathrm{Be}+?\right) \approx 8 \times 10^{-6}
$$

## $400 \times$ halo nucleus prediction

Riisager et al., ${ }^{11} \mathrm{Be}(\beta \mathrm{\beta})$, a quasi-free neutron decay?, PLB 732, 305 (2014)


## $?$ Resonance or dark decay <br> ?


$S_{n}\left({ }^{11} \mathrm{Be}\right)=0.5 \mathrm{MeV}$

## 11Be decay experiments

Are there protons in the final state of ${ }^{11} \mathrm{Be}$ decays?
This would test ALL neutron dark decay channels with:

$$
937.993 \mathrm{MeV}<M_{f}<(939.565-0.501) \mathrm{MeV}
$$

$$
\nabla
$$

$$
937.993 \mathrm{MeV}<M_{f}<939.064 \mathrm{MeV}
$$

Results inconclusive - stay tuned!

It would be truly amazing if the good old neutron turned out to be the particle enabling us to probe the dark matter sector of the universe


## Thank you!



## 11Be decay experiments

## CERN - ISOLDE

 TRIUMF \& MSU

Not the last word:

$\operatorname{Br}\left({ }^{11} \mathrm{Be} \rightarrow{ }^{10} \mathrm{Be}+X\right)<2 \times 10^{-6}$
Evidence of proton resonance:
$E_{x}=11.425(20) \mathrm{MeV}, \Gamma=12(5) \mathrm{keV}$ Search for Aremthereoprotonsinsthe final state of 11 Be decays? Riisager et al Eur.Phys.J.A 56 (2020) 3, 100
 Possible $\alpha$-particle contamination?.

Clarification of large-strengt $937.993 \mathrm{MeV}<M_{f}<939.064 \mathrm{MeV}$ decay of ${ }^{11} \mathrm{Be}$, J.Refsgaard et al, Phys.Rev.C 99 (2019) 4, 044316
${ }^{11} \mathrm{Be}: ~ Y . ~ A y y a d ~ e t ~ a l, ~ P R L ~ 123 ~(2019) ~ 082501 ~$

Table 11.1: Energy levels of ${ }^{11} \mathrm{~B}$

| $\begin{gathered} E_{\mathrm{x}} \\ (\mathrm{Mev} \pm \mathrm{keV}) \end{gathered}$ | $J^{\pi}$ | $\begin{gathered} \tau_{\mathrm{m}}(\mathrm{sec}) \text { or } \\ \Gamma(\mathrm{keV}) \end{gathered}$ | Decay |
| :---: | :---: | :---: | :---: |
| 0 | $\frac{3}{2}$ | stable | - |
| $2.127 \pm 6$ | $\frac{1}{2}^{-}$ | $\tau_{\mathrm{m}}=(4.6 \pm 0.6) \times 10^{-15}$ | $\gamma$ |
| $4.459 \pm 8$ | $\left(\frac{5}{2}^{-}\right)$ | $\tau_{\mathrm{m}}=(1.17 \pm 0.17) \times 10^{-15}$ | $\gamma$ |
| $5.035 \pm 8$ | $\left(\frac{3}{2}^{-}\right)$ | $<13$ | $\gamma$ |
| $6.758 \pm 7$ | $\left(\frac{7^{-}}{}{ }^{-}\right.$) | $<13$ | $\gamma$ |
| $6.808 \pm 7$ | $\left(\frac{3}{2}\right)^{-}$ | $<13$ | $\gamma$ |
| $7.298 \pm 6$ | $\left(\frac{5}{2}^{-}\right)$ | $<13$ | $\gamma$ |
| $7.987 \pm 9$ |  | $<8$ | $\gamma$ |
| $8.568 \pm 5$ | $\left(\frac{1}{2}^{+}, \frac{3}{2}^{+}\right)$ | < 8 | $\gamma$ |
| $8.927 \pm 5$ | $\left(\frac{5}{2}^{+}\right)$ | $<0.7$ | $\gamma, \alpha$ |
| $9.191 \pm 5$ | $\left(\frac{7}{2}^{+}\right)$ | $<0.1$ | $\gamma, \alpha$ |
| $9.276 \pm 5$ | $\left(\frac{5}{2}^{+}\right)$ | 5 | $\gamma, \alpha$ |
| $9.88 \pm 20$ | $\left(\leq \frac{5}{2}\right)$ | 160 | $\alpha$ |
| 10.26 | $\left(\leq \frac{7}{2}\right)$ | 220 | $\alpha$ |
| $10.32 \pm 20$ |  | $45 \pm 14$ |  |
| 10.62 |  | 100 | $\alpha$ |
| 11.0 |  | 670 | $\alpha$ |
| $>11.46$ |  | 70 | $\alpha,(\mathrm{n})$ |
| $11.68 \pm 100$ | $\left(\frac{5}{2}^{+}, \frac{7}{2}^{+}\right)$ | 140 | $\alpha$, n |
| $11.95 \pm 80$ | $\left(\frac{3}{2}^{-}, \frac{5}{2}^{+}\right)$ | 320 | $\alpha$, n |
| 13.16 |  | 450 | $\alpha, \mathrm{n}$ |
| 14.0 |  | 300 | $\alpha, \mathrm{n}$ |

New narrow, near-threshold resonance in ${ }^{11} \mathrm{~B}$ suggested also by a numerical calculation (a posteriori)

Convenient Location of a NearThreshold Proton-Emitting
Resonance in ${ }^{11}$ B, J. Okołowicz, et al, PRL 124 (2020) 4, 042502

## Mesogenesis



Zhakarov conditions:

- If $d$ quark couples to diquark, so may $s$ and $b$ quarks.
- New neutral scalar decays late, out of equilibrium, into $B \bar{B}$ pairs
- Before decaying, $B \bar{B}$ oscillations
- B mesons CP violating decay into baryon plus dark


1. BNV: dark decay (not really BNV because DM carries baryon-number)
2. Out of equilibrium: late decay
3. CPV: provided by SM!!

## Hyperon Dark Decays

- As for mesogenesis if $d$ quark couples to diquark, so may $s$ and $b$ quarks.
- Probe this with hyperon decays (BES factory)
- Calculable! (using SU(3) flavor symmetry, ChPT)
- Various modes:


Assume:

$$
\begin{aligned}
\mathcal{L}_{\text {eff }} & =C_{a b, \mathcal{O} \mathcal{O}_{a b, c}+C_{a b, c}^{\prime} \mathcal{O}_{a b, c}^{\prime}}, \\
\mathcal{O}_{a b, c} & =\epsilon_{i j k}\left(u_{R a}^{i} d_{R b}^{j}\right)\left(\chi_{R} d_{R c}^{k}\right),
\end{aligned}
$$

and

$$
\mathcal{L} \supset y_{\xi \phi} \bar{\chi} \xi \phi+\text { h.c. },
$$

## Hyperon Dark Decays



## LHC signatures

$\Phi$ can be singly produced through $u d \Rightarrow \Phi$ or pair produced via gluon fusion $g \boldsymbol{g} \boldsymbol{\rightarrow} \Phi \Phi$

Collider signatures involve:
$\longrightarrow 2$ jets, monojet + MET
$\longrightarrow \quad 2$ jets + MET, 3 jets + MET, 4 jets


+ absence of signal


## Dark matter

Model 1: non-thermal DM production
( Allahverdi, Dev, Dutta, PLB 02, 019 (2018) )


Model 2: (a) DM non-thermally produced
(b) DM thermally produced


DM annihilation

$$
\lambda_{\phi} \approx 0.04
$$

## Neutron star constraints

- McKeen, Nelson, Reddy \& Zhou, arXiv:1802.08244 [hep-ph]
- Baym, Beck, Geltenbort \& Shelton, arXiv:1802.08282 [hep-ph]
- Motta, Guichon \& Thomas, J. Phys. G 45 05LT01 (2018), arXiv:1802.08427 [nucl-th]


Neutron dark decay channel and no DM self-interactions imply neutron star masses < $0.8 \mathrm{M}_{\circ}$

Dark matter repulsive self-interactions can block dark decays and allow the observed neutron star masses DM-neutron cross repulsive interactions, energy cost for converting neutrons to DM

## Dark decay models with SIDM

Complete models:

$$
n \rightarrow \chi A^{\prime} \quad \text { or }
$$

$$
n \rightarrow \chi \phi
$$

Cline \& Cornell, Dark decay of the neutron, JHEP 07 (2018) 081
Karananas \& Kassiteridis, Small-scale structure from neutron dark decay, JCAP 09 (2018) 036


## Hydrogen decay

McKeen, Pospelov, e-Print: 2003.02270 McKeen et al, PRL125 (2020) 231803, 2006.15140 Fornal et al, PLB 811 (2020) 135869


- Electron capture in H
- Probes sensitively same region as DM hypothesis:

$$
m_{\chi}<m_{p}+m_{e}=938.783 \mathrm{MeV}
$$

Light brown region excluded using Borexino data reinterpreted as

$$
H \rightarrow \gamma+\text { nothing }
$$



## Other solutions to the neutron lifetime puzzle

Ivanov, Hollwieser, Troitskaya, Wellenzohn, Berdnikov, arXiv:1806.10107
Neutrino mode

$\chi e^{+} e^{-}$is phase space suppressed relative to $\chi v v$


Search for $e^{-} n \rightarrow e^{-} \chi$

## Other solutions to the neutron lifetime puzzle

Considering only the 2002+ measurements of $g_{A}$ the bottle neutron lifetime is favored; there is no puzzle, beam is wrong Czarnecki, Marciano \& Sirlin, PRL 120, 202002 (2018)

Neutron-mirror neutron oscillations enhanced in large magnetic fields

$$
\text { Z.Berezhiani, Eur.Phys.J.C } 79 \text { (2019) 6, } 484
$$

Neutron - mirror-neutron rapid oscillations

$$
\text { W.Tan, Phys.Lett.B } 797 \text { (2019) } 134921
$$

## Back-up slide: Neutron star constraints (arXiv:1802.08244, 1802.08282, 1802.08427)

Neutron dark decay channel affects the equation of state for neutron stars

Total energy density

$$
\epsilon=\epsilon_{b}\left(n_{b}\right)+m_{\chi} n_{b} y^{3}+\frac{k_{b}^{5}}{10 \pi^{2} m_{\chi}} y^{5}
$$

## Total pressure

$$
P=P_{b}\left(n_{b}\right)+\frac{k_{b}^{5}}{15 \pi^{2} m_{\chi}} y^{5}
$$


(arXiv:1802.08282)

$$
k_{\chi}=y k_{b}
$$

DM-neutron cross repulsive interactions, energy cost for converting neutrons to DM

BG, Kouvaris, Nielsen, Phys.Rev.Lett. 123 (2019) 9, 091601 [1811.06546]
Assume potential from exchange of $\phi: \quad U=-\frac{g_{n} g_{\chi}}{4 \pi r} \exp \left(-m_{\phi} r\right)$
Equation of state:

$$
\varepsilon\left(n_{n}, n_{\chi}\right)=\varepsilon_{\mathrm{nuc}}\left(n_{n}\right)+\varepsilon_{\chi}\left(n_{\chi}\right)+\frac{n_{\chi} n_{n}}{\left(z=m_{\phi} / \sqrt{\left|g_{\chi} g_{n}\right|}\right)}
$$

Fixed total number density: $\quad n_{\mathrm{F}}=n_{n}+n_{\chi}$
Free energy cost @ T=0 to create a DM particle:

$$
\Delta E \equiv \frac{\partial \varepsilon\left(n_{\mathrm{F}}-n_{\chi}, n_{\chi}\right)}{\partial n_{\chi}}=\mu_{\chi}\left(n_{\chi}\right)-\mu_{\mathrm{nuc}}\left(n_{n}\right)+\frac{n_{\mathrm{F}}-2 n_{\chi}}{z^{2}}
$$

Pure $n$ environment:

$$
\Delta E_{0}=\left.\Delta E\right|_{n_{\chi}=0}=m_{\chi}-\mu_{\mathrm{nuc}}\left(n_{\mathrm{F}}\right)+\frac{n_{\mathrm{F}}}{z^{2}}
$$

